

LUNCH MENU

703.533.1191 www.sfizi.com

Served until 3:30 pm Monday thru Saturday

BRUNCH CORNER

\$12.95

FRITTATE

Build Your Own Omelette!

Served on focaccia or open face, Potatoes & Onion With Salad or Potatoes & Onions on side. Served with focaccia

Choose any four ingredients:

Artichoke, Spinach, Mushrooms, Peppers, Fresh Tomatoes, Onion, Ham, Sausage, Prosciutto, Pancetta, Mozzarella Provolone, Fontina, Swiss Cheese

COLAZIONE CLASSICA

3 Eggs Any Style with Sausages and Potatoes & Onions

DOLCE & SALATO

Proscuitto di Parma, Fontina Cheese, Assorted Olives & Italian Marmalade

Served with Freshly baked bread

WAFFLES

Homemade Waffle topped with Fruit Composta or Nutella & Whipped Cream

Served with Maple Syrup

HOMEMADE SPECIALTIES

All our specialties are made in-house with the freshest ingredients

\$12.95

Served with Mixed House Salad

SPAGHETTI CON POLPETTE

A classic – spaghetti and homemade meatballs in San Marzano tomato sauce

PENNE PRIMAVERA

Penne served with fresh vegetables garlic and extra virgin olive oil

TORTELLINI ALLA PANNA

Cheese-filled pasta in a parmigiana reggiano cream sauce

RAVIOLI DI SPINACI

Spinach-filled ravioli in Pink sauce

SPAGHETTI AGLIO, OLIO & PEPERONCINO

Spaghetti with garlic, extra virgin olive oil, and dried hot pepper

\$13.95

Served with Mixed House Salad

ORECCHIETTE CON BROCCOLI DI RAPE

Pasta sautéed with rapini, garlic extra virgin olive oil and dried hot pepper

MELANZANE ALLA PARMIGIANA

Layers of battered eggplant, mozzarella and tomato, baked to perfection

CAVATELLI BOLOGNESE

Homemade short pasta with Mamma's San Marzano meat sauce

LASAGNA CASALINGA

Layers of homemade pasta, ground beef and ricotta cheese baked to perfection

MANICOTTI

Homemade short pasta filled with Ricotta, marinara, baked with mozzarella

\$14.95

Sides listed below

MELANZANE RIPIENE

Eggplant rolled with ricotta and a touch of marinara, baked with mozzarella, served with pasta or salad

POLLO ALLA PARMIGIANA

*Breaded chicken breast baked in sauce and topped with mozzarella, served with spaghetti marinara

SALSICCE DELLA FESTA

Sausage sautéed with onions, mushrooms and peppers in marinara sauce over penne pasta

PETTO DI POLLO PICCATA

*Chicken breast served in a light lemon sauce with capers on a bed of spaghettini

LINGUINI CARBONARA

Linguine with pancetta, onion, egg and parmigiana sauce, served with salad



INSALATE

Add: *Grilled chicken/sausage \$5.95 *Flank Steak, *Salmon/Shrimp \$6.95

MIXED GREEN SALAD \$ 5.95 \$ 7.95 CAESAR SALAD* SPINACH SALAD \$ 8.95

Pancetta and mushrooms in a warm balsamic reduction

VEGETALI SALAD \$ 8.95

String beans, eggplant, and Roasted peppers (or choose From our deli display)

SFIZIOSO SALAD (NEW) \$ 11.95

Chopped Romaine Salad With mozzarella, roasted red peppers, olives, salami, basil, onion, tossed with extra virgin olive oil and our signature balsamic vinaigrette

PIZZA RUSTICA

(Artisan Pizza)

Classica or Bianca

LARGE / 12 slices \$ 15.95 \$ 2.00 Extra toppings **MEDIUM** / 6 slices \$ 9.95 Extra Toppings \$ 1.00

Available Toppings: Anchovies, Artichoke, Basil. Eggplant, Fresh Garlic, Mushrooms, Olives, Onion, Pepper, Pepperoni, Prosciutto, Salami, Sausage, Sun-dried Tomatoes. Ricotta.

LUNCH COMBOS

\$ 10.95

(Your choice of any 2)

MINI PANINI

Any cold panini (mini size) from the menu

SIDE OF PASTA

Spaghetti or Penne with Marinara or Aglio Olio Sauce

SOUP (SEASONAL)

Choice of soup of the day

MIXED GREEN SALAD

PANINI

All Panini are served on a sub roll. Cold Panini are served with lettuce, tomato and our homemade dressing. OTHER BREAD CHOICES: ciabatta, focaccia or baguette. Add \$1.00.

Classic Hot Panini \$10.95

Served with chips or olives

CHICKEN PARMIGIANA

Chicken breast with marinara & mozzarella

SAUSAGE AND PEPPERS

Sweet and spicy sausage, peppers and onions with melted mozzarella cheese

MEATBALL PARMIGIANA

Meatballs, marinara sauce and melted mozzarella cheese

EGGPLANT PARMIGIANA

Layers of eggplant with parmigiana cheese, topped with melted mozzarella cheese

FELLINI

Grilled chicken breast, roasted Peppers and fontina cheese

Build Your Own Panini \$ 9.95 (cold) / \$10.95 (grilled)

Served with chips or olives

Choose any three Meats / Cheeses / or Vegetables (Add \$1 each for more than 3)

MEAT SELECTION:

- Prosciuto di Parma
- Genova Salami
- Mortadella
- Sopressata

- Roasted Turkey
- Danish Ham
- Grilled Chicken
- Capocollo

CHEESE SELECTION:

- Fresh mozzarella
- Provolone
- Fontina
- Smoked mozzarella
- Asiago
- Ricotta
- American
- **Swiss**

VEGETABLE SELECTION:

- Eggplant
- Onions
- Rapini
- **Peppers**

- Spinach
- Mushrooms
- Artichoke
- **Tomatoes**